safety first!

- · Always wear an approved snow-sport helmet for protection
- Wear goggles to shield eyes from sun and glare
- · Wear warm clothes and gloves
- · Never practice without adult supervision
- · Choose a local familiar hill that is not steep for riding
- Make sure there are no roads or obstacles such as trees nearby
- Never practice during icy conditions





Step into your bindings and make sure the straps are a snug fit. PRACTICE USING YOUR EDGES — This basic exercise will help you control your direction and speed.

Apply pressure to the toe edge by standing on your toes and lifting your heels on your heels, lean slightly backward and lift your toes







THE BASIC KICK-SWIVEL TURN

 While in the snowboarding stance and keeping your weight on your rear foot, practice pushing your front foot toward the toe edge

safety first!

- Now do the reverse to turn the opposite direction
- Pointing the board to the right or left will help you control your direction
- Practice both these basic and necessary moving techniques before you go any further





- Keep your front foot in the binding
- Remove your back foot from the binding and push yourself around as if you were on a skateboard
- Practice staying in the stance and keeping the nose of the board pointed in the direction you want to go
- After you have this down, work on gliding farther between pushes, keeping your back foot on your board





Girard, PA 16417 www.emscogroup.com ©2014 Emsco Group ER 599U step into snowboards...
it's as easy as 1-2-3



beginner level

intermediate level

advanced level



Ages 5-12 Max. Weight 95lbs

- · Stable, wide, flat-bottom design builds confidence
- Pad / Binding Options
 - a. No-slip foam foot pads and safety handle with rope to help beginners with upright stance and balance
 - b. Step-in soft bindings with adjustments for fit
- To be used with parental supervision





Ages 10-16 Max. Weight 160lbs Great choice for continuing the learning process. (Non-metal edge)

ALL TERRAIN engineered composite resin provides excellent durability matched with flexibility for novice to trick rider

 Twin-tip shape design gives the FreeRide Series the widest range of versatile performance

 Beveled side cuts give predictable to aggressive edge control

 Tapered twin tips provide soft and forgiving landings on "Big Air" tricks

 Maximum C.G. core thickness provides strength and support for trick rail slides

 High-gloss scratch- and scuff-resistant in-mold graphics in HOT new styles



Metal edges provide the best control for turns and tricks

ALL MOUNTAIN engineered composite-resin boards with full METAL EDGES provide excellent torsional strength and improved stiffness for all types of rider styles

• Twin-tip shape design gives the FreeRide Series the widest range of versatile performance

 Beveled side cuts give predictable to aggressive edge control Tapered twin tips provide

soft and forgiving landings on "Big Air" tricks Maximum C.G. core

thickness provides strength and support for trick rail slides

 High-gloss scratchand scuffresistant in-mold graphics in HOT new styles



